

GUIDELINE ON SANITARY MEASURES FOR AIRCRAFT CREW MEMBERS IN BRASIL

AGÊNCIA NACIONAL DE VIGILÂNCIA SANITÁRIA – ANVISA

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Guideline on sanitary measures for aircraft crew members in Brazil

Considering the emergence of the new SARS-CoV-2 virus, the Brazilian Health Authority adopted measures in airports based on the International Health Regulations and guidelines of the Ministry of Health.

Among the general actions and recommendations for health surveillance in aircrafts, regarding the Public Health Emergency, the adoption of the following measures by the crew of international and national flights with transport of passengers and/or cargo are recommended:

Guidance for Crew Members

Inside aircraft, during flight:

- Before the flight, make sure that soap and running water are available in the lavatories and that there is alcohol-based hand sanitizer (containing at least 60% alcohol) at the aircraft entrance and close to the lavatories;
- Whenever possible, position passengers in distant seats from each other inside the aircraft;
- Wash your hands before and after on-board service. Keep a dispenser with hand sanitizer in the galley, to intensify the frequency of hand hygiene during on-board service;
- During the flight, the use of surgical masks is recommended for crew members who have direct and close contact with passengers;
- When disembarking, crew members must follow the recommendations given to travelers by the local authorities;
- Avoid using jewellery, such as rings and bracelets, in order to facilitate the correct hand hygiene;
- If a you develop symptoms during the flight, wear a mask and discontinue your work duties.

a) In any situation, regardless of the indication of using Personal Protective Equipment or not, crew members must always adopt preventive measures, such as:

- Use disposable tissue for nasal hygiene;
- Cover nose and mouth when sneezing or coughing;
- Avoid touching eyes, nose and mouth;
- Wash your hands after coughing or sneezing.

- b) Wash hands frequently with water and soap;
- c) When the hands are not visibly dirty, hand sanitizer can be used;
- d) Practice Respiratory Hygiene/Cough Etiquette
- e) Do not share personal items, such as cutlery, plates, glasses, bottles and other utensils;
- f) Avoid touching eyes, nose and mouth with unwashed hands;

During the stopover in Brazil

- Be aware of the precautions when traveling from the airport to the place of accommodation;
- Do not use public transport;
- Give preference to airy and individual room;
- The room must be cleaned daily;
- Maintain social distancing, staying in the room as long as possible;
- If you need to leave the room, keep distance from others (6 feet/2 meters);
- Give preference to meals inside the accommodation;
- Do not go to events with agglomeration;
- Avoid traveling if you develop signs and symptoms of COVID-19 (fever, cough, horthness of breath or difficulty breathing);
- When symptoms appear, report to the employer immediately and self isolate for 14 days. In this case, it is mandatory to have meals inside the accommodation;
- Inform the place of lodging about the onset of symptoms;
- Avoid contact with other people if you have respiratory signs or symptoms;
- Do not share objects for personal use, such as cutlery, plates, glasses, bottles and other utensils;
- Avoid touching eyes, nose and mouth with unwashed hands;
- If the same clothes are used in the next work shift, ensure that they are washed and cleaned.

While at home (country of origin):

- Be aware of the COVID-19 risk in your local community;
- Follow the guidelines of the health authority of your state or municipality;
- Avoid busy places and adopt social distancing;
- Avoid contact with sick people;
- If you become ill, immediately inform the employer and do not travel.

Health monitoring:

- Find out which referral hospital is the closest to your accommodation.
- Monitor your health condition, following the guidelines provided by your employer's occupational health program.

At all times, pay attention to your health and see if you have fever, cough, or difficulty breathing.

If you feel feverish or have a cough or difficulty breathing, monitor your temperature.

Guidance for airlines

- Regardless of residence or travel history, crew members with known exposure to people with COVID-19 should be assessed and monitored on a case-by-case basis. Crew members with high risk exposures must go on leave for 14 days;
- Brazilian crew members can go to their homes when they return to their bases;
- Supervise the self-monitoring of health of all crew members;
- Establish an action plan in case a crew member develop symptoms during an overnight stopover;
- Provide information to crew members about health services in cities where crew members stay overnight;
- Make sure that no crew member with symptoms reminiscent of a respiratory infection boards a flight.